



The Bear Grylls Adventure: Participant Risk Assessment

All Activities		
Identified Hazard	Control Measure	Managed Risk Level
Physical injury (inc. slips, trips & falls)	<ul style="list-style-type: none"> All participants must complete a health disclosure form prior to starting the activity All participants are given a safety brief prior to activity All participants are given training as appropriate prior to activity All activities are supervised and assistance is available at all times Instructors and Hosts are trained and assessed to lead groups on all activities All instructor training and assessments are logged, tracked and reassessed as required Any activity specific equipment is supplied All supplied equipment satisfies, as a minimum, all relevant standards and certification Participants are required to wear suitable clothing and footwear throughout Participants are not allowed to wear any jewellery during the activity All activities have a bypass option if participants feel an element is beyond their capability Appropriate flooring surfaces are used throughout Low areas (crawl tunnels) are padded as appropriate All structures, environments and equipment is inspected periodically to ensure serviceable condition and compliance with relevant standards 	
Emotional distress (inc. panic & stress)	<ul style="list-style-type: none"> All challenges are disclosed prior to activity commencing All activities are supervised and assistance is available at all times All activities are 'challenge by choice' Bypass options are available for participants who feel uncomfortable with an activity element Instructors are trained to adjust the tone of the activity to suit the group to ensure any competitive elements are managed to be inclusive for all participants Participants demonstrating verbal or emotional abuse towards others may be precluded from the activity 	
Hygiene	<ul style="list-style-type: none"> All supplied equipment is disinfected as appropriate after each use All food is prepared and supplied in accordance with food hygiene legislation and best practice 	
Loss/damage of participant equipment	<ul style="list-style-type: none"> Participants must leave all loose items, jewellery and loose clothing (e.g. scarves) in the provided lockers 	
Base Camp		
Identified Hazard	Control Measure	Managed Risk Level
Physical injury (inc. slips, trips & falls)	<ul style="list-style-type: none"> Participants are required to employ appropriate 'two-footed' landing throughout assault course challenge Assault course has bypass option for all elements Archery instructors have completed specific archery and range management training Archery range has been designed by industry experts to ensure compliance with best practice is maintained 	
Rock Climb		
Identified Hazard	Control Measure	Managed Risk Level

Physical injury (inc. slips, trips & falls)	<ul style="list-style-type: none"> Instructors are responsible for attaching and detaching participants to/from belay system Trublue auto-belay safety system prevent fall to ground Trublue auto-belay system meets BS EN 341 safety standard Harnesses meet EN 12277 type C safety standard 	
Zip Line/High Ropes/Leap of Faith		
Identified Hazard	Control Measure	Managed Risk Level
Physical injury (inc. slips, trips & falls)	<ul style="list-style-type: none"> Instructors are responsible for attaching and detaching participants from belay system Sky Trail continuous belay system prevents fall to ground Sky Trail continuous belay system requires no participant interaction Harnesses meet EN 12277 type C safety standard 	
Scuba Diving		
Identified Hazard	Control Measure	Managed Risk Level
Physical injury/Drowning (inc. slips, trips & falls)	<ul style="list-style-type: none"> All instructors are trained to PADI Dive Master standard Minimum of 2 staff divers in the water with the group in addition to surface team member Discovery Scuba theory and practical skills practiced and assessed prior to dive Only competent swimmers are permitted to enter the tank. All participants must complete a health disclosure form prior to starting the activity Support staff carry a radio to allow for easy activation of emergency protocol Minimum of 2 support staff to supervise at all times 	
Animals (inc. bites, stings & zoonotics)	<ul style="list-style-type: none"> Spotter to monitor for stress levels of animals/fish Specific sting protocol for sting ray displays Specie specific protocols in place Emergency evacuation procedure in place, trained and practiced Wet suits and shoes to be worn No touching of any animal is permitted Participants are not allowed to feed animals Cownose rays specifically selected due to their small size, docile nature and small barb. All staff and guests to adhere to hygiene protocols at all times Any open cuts or grazes must be covered and kept clean Immune-compromised persons (by disease or drug therapy) are more at risk. Participants who fall into this category must inform management Guests will not directly interact with the animals 	
Snorkling		
Identified Hazard	Control Measure	Managed Risk Level
	<ul style="list-style-type: none"> 	
Shooting		
Identified Hazard	Control Measure	Managed Risk Level
	<ul style="list-style-type: none"> Shooting instructors have completed specific archery and range management training Shooting range has been designed by industry experts to ensure compliance with best practice is maintained 	